Met Police in the Park, Richmond



Sherwood Festival, Sutton



Allstars Cheerleading classes, Sutton



Parents of Merton Children with SEN



Chloe Redmonds · 7 m · @

SEN Cheerleading Classes in Sutton starting in September!!



Unity Allstars is at U-HQ.

15 Jun · 🚱



We are SO EXCITED to announce that we are launching SEN Cheerleading classes at the U-HQ, offering cheer for all !!

Unity Allstars Platinum is our newest team offering sessions to children with additional needs and learning disabilities. Athletes who attend the sessions will learn all aspects of cheerleading, and we look forward to giving these athletes the opportunities to perform at local events and regional competitions !!!

The aim of Unity Allstars Platinum is to create an environment where children can develop their skills, feel safe and really feel like they belong somewhere as part of a team 👌! It also gives parents a chance to meet other parents of children with additional needs.

Classes will be run by Chloe Redmonds, an experienced SEN cheer coach with 8 years behind her running a SEN Cheer programme within our local community (Surrey Twisters Sunshine). Chloe and some additional Unity volunteers will work with these athletes to ensure that they enjoy fun and safe classes



Class Information Below !!

■ Day: Mondays ■ Time: 16:00-16:45

■ Cost: FREE

Open to children with any additional needs and learning difficulties aged 5-15.

Classes will be completely free of charge, but there will be an annual membership fee of £50 that will be due after your first month of joining the team. This cost covers a T-Shirt, hair scrunchie, and your insurance to train with us for the year. If you are loving the classes and want to commit before the one-month mark, you can pay your membership fee early and receive your t-Shirt and scrunchie then!

For more information you can email us on sencheer@unityallstars.com

Also - see below more ideas of places /charities who we have had contact with recently:

Sessions will usually need to be booked in advance, some may already be full and there may be waiting lists which we are not aware of. Even if full – you can get your name on their books for term time clubs and also in preparation for the next holiday.

SEN TRAMPOLINING SESSION	SEN TRAMPOLINING SESSION
Esher Jump In – Sundays 9am – book www.gojumpin.com	Sutton Sports Village – Wednesdays at 9am – book http://www.better.org.uk/
Knots Arts Holiday Clubs for CYP with social communication difficulties 1. 24-28 July in Barnes for 6-12 year olds (some spaces available) 2. 14-18 August in Holly Lodge Richmond Park for 13-25 year olds 'Play in a week' project (some spaces available) Want to ask a question? Want to join a session? Just want to say hello? Get in touch! Email – hello@knotsarts.com Phone or text – 07947 212485 Also term time clubs available for all	ELYSIAN FARM — near GUILDFORD 1. BESPOKE FAMILY/GROUP SESSIONS If you want a private family or group (up to 5) session at Elysian, on a Saturday, Sunday or during the holidays, you can book a private session. These are £45 and can be booked on an ad — hoc basis. To book you simply email the family/group referral form to us (or give the same information requested in the form — within the email itself), with your request, giving your availability, preferred dates and times. If you email this to events@elysianuk.org, the team will then come back to you and confirm Family-or-group-referral-form.docx (live.com) or call 07944875155 for more info 2. Offering therapeutic farm sessions for CYP (8-17 year olds) with anxiety £35 (2 hours) on 9/10 August
programme of summer activities that will be coming out in our newsletters over the next couple of weeks. Do encourage families to register with us and hear about these directly, as some of our activities such as horse riding, tend to fill up very quickly.	based in Wandsworth – application form to get on their contacts list – full up for the summer now – but might get cancellations so worth getting onto a waiting list. Lots going on throughout the year so definitely worth a look and getting involved. Website shows links to lots of other charities with SEN inclusive activities going on
www.allaboardclub.com ASD sessions with trains as the special interest. Play sessions in the holidays and term time	www.thearccaterham.co.uk CATERHAM sensory room can be booked out

	soft play sessions
www.playwise.org Sutton play hub and family support	YMCA Sensory Room and Soft Play – maybe something that you can hire out if there is a group of you YMCA Hawker, Lower Ham Road, KT2 5BH. There is a huge car park and parking is free. The 65 bus passes and the stop to get off is Tudor Drive The price is £125.00 for exclusive use of the sensory room and soft play from 1.00-3.00 or 3.45-5.45 for 25 children. This is also inclusive of 25 adults too. There is an onsite cafe where families can purchase food/drinks/snacks/ice cream. We also have a small outdoor climbing frame in a fenced off area. This is free to use, just thought some families may wish to spend some time in the open air. Anne Marie Buckly Child, Youth & Community Services Manager Programme
	annemariebuckly@ymcaspg.org T: 020 8832 1500
Kids Company: open access at these two adventure playgrounds Mon- Sat 10:00-12:00	Merton Stay and Play SEN Library sessions
https://www.kids.org.uk/lady-allen-adventure- playground1 https://www.kids.org.uk/chelsea-adventure- playground1	Saturdays once a month 9am www.libraries.merton.gov.uk
Chelsea playground can also be booked for longer sessions Tues to Thursdays 020 7352 6959. Although expensive unless you have Short Breaks support	
Epsom and Ewell Phab club might have some space: https://epsom-phab-site.herokuapp.com/	Play and youth clubs for disabled children. (whitelodgecentre.co.uk)
Merton M.A.P.S provide advice and support for parents of children and young people with ASD. The service is confidential and is delivered by trained staff and parent advisors. We offer care and understanding and also practical strategies, information and tools in line with best practice.	Lewisham/residents who live just over the border – support/clubs for families with children with Autism. Sign up to become a member SIGNAL Family Support - SIGNAL Family Support

Communication ACCESS S PORT Positive behaviour Transforming lives through sport **ACCESS SPORT CIO** Friendships 3 Durham Yard | Teesdale Street | London | **E2 6QF** Anxiety 020 7993 9883 | 07504 237 526 Sensory issues Sleep Inclusive sports clubs across London – call them to find out their latest clubs and more available https://www.mertonmencap.org.uk/services/mertonautism-parent-service-maps/ SEN Talk based in Wandsworth but open to all families -ALBANY OUTDOORS watersports SEN offer holiday activities although spaces may be full - worth sessions in Kingston getting on waiting list for cancellations/for next holidays. Tuesdays 6pm August and September – Also offer a range of term time clubs some spaces left JAY EAST If you have any questions or need help please Officer Administrator phone us on 020 8549 3066 or email 0207 223 1694 albanyoutdoors@achievingforchildren.org.uk. Jay@sentalk.org

Yorda Adventures Summer Family Play sessions in Chessington – some spaces still available www.yordaadventures.org

Merton Richmond (only Richmond LA) – 'Energise' weekend clubs 8-17 years, and holiday clubs. Call Rupert 020 8744 1923